

SAFE HARBOR RECOVERY CENTER



# February



**MON TUES WED THU FRI SAT**

2 10-11am: AA 4:30-6:30pm: Recovery Choir 	3 10-11am: AA 6-7:30pm: SMART	4 10-11am: AA 5-6pm: NP* 7-8:30pm: Families Hoping & Coping	5 10-11am: AA 5-6:30pm: SMART	6 10-11am: AA	7 8:30am: Art 12-1pm: NA
9 10-11am: AA 4:30-6:30pm: Recovery Choir	10 10-11am: AA 6-7:30pm: SMART	11 10-11am: AA 5-6pm: NP*	12 10-11am: AA 5-6:30pm: SMART	13 10-11am: AA  3-4:40: Acupuncture	14 8:30am: Art 12-1pm: NA 
16 10-11am: AA 4:30-6:30pm: Recovery Choir	17 10-11am: AA 6-7:30pm: SMART	18 10-11am: AA 5-6pm: NP* 7-8:30pm: Families Hoping & Coping	19 10-11am: AA 5-6:30pm: SMART	20 10-11am: AA	21 8:30am: Art 12-1pm: NA
23 10-11am: AA 4:30-6:30pm: Recovery Choir	24 10-11am: AA 6-7:30pm: SMART	25 10-11am: AA 5-6pm: NP*	26 10-11am: AA 5-6:30pm: SMART	27 10-11am: AA	28 8:30am: Art 12-1pm: NA

\*Nurturing Parenting is a closed group:  
Interested in attending,  
please reach out!

We are currently in need of a  
certified yoga instructor on a  
volunteer basis!

Hours:  
Mon-Fri: 8:30am-6pm  
Sat: 8:30am-2pm



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