

SAFE HARBOR RECOVERY CENTER

january

2026

Meetings & Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
★			1 CLOSED HAPPY <i>new year</i>	2 10-11am: AA	3 8:30am: Art 12-1pm: NA
5 10-11am: AA 4:30-6:30pm: Recovery Choir	6 10-11am: AA 11-12pm: Yoga 5-6:30pm: SMART	7 10-11am: AA 5-6pm: Nurturing Parenting* 7-8:30pm: Families Hoping & Coping	8 10-11am: AA 5-6:30pm: SMART	9 10-11am: AA	10 8:30am: Art 12-1pm: NA
12 10-11am: AA 4:30-6:30pm: Recovery Choir	13 10-11am: AA 11-12pm: Yoga 5-6:30pm: SMART	14 10-11am: AA 5-6pm: Nurturing Parenting	15 10-11am: AA 5-6:30pm: SMART	16 10-11am: AA	17 8:30am: Art 12-1pm: NA
19 10-11am: AA ★ 4:30-6:30pm: Recovery Choir	20 10-11am: AA 11-12pm: Yoga 5-6:30pm: SMART	21 10-11am: AA 5-6pm: Nurturing Parenting 7-8:30pm: Families Hoping & Coping	22 10-11am: AA 5-6:30pm: SMART	23 10-11am: AA 3-4:40:Acupuncture	24 8:30am: Art 12-1pm: NA
26 10-11am: AA 4:30-6:30pm: Recovery Choir	27 10-11am: AA 11-12pm: Yoga 5-6:30pm: SMART	28 10-11am: AA 5-6pm: Nurturing Parenting	29 10-11am: AA 5-6:30pm: SMART	30 10-11am: AA	31 8:30am: Art 12-1pm: NA

*Nurturing Parenting is a closed group:
If you are interested in attending,
Please contact Leah Costales:

603-770-2629

☎ 603-570-9444

📍 115 Heritage Ave. Portsmouth, NH

🕒 Mon-Fri: 8:30am-6pm | Sat: 8:30am-2pm

Need help finding us?

Look for the big blue **FURGUSON**
sign - we are located through
the front door

You Got This!