

SAFE HARBOR

RECOVERY CENTER

February 2024 Newsletter

Black History Month 2024 "African Americans & the Arts"

Black History Month is an annual celebration of achievements by African Americans and a time for recognizing their central role in U.S. history. Also known as African American History Month, the event grew out of "Negro History Week," the brainchild of noted historian Carter G. Woodson and other prominent African Americans. Since 1976, every U.S. president has officially designated the month of February as Black History Month. Other countries around the world, including Canada and the United Kingdom, also devote a month to celebrating Black history.

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GPRC

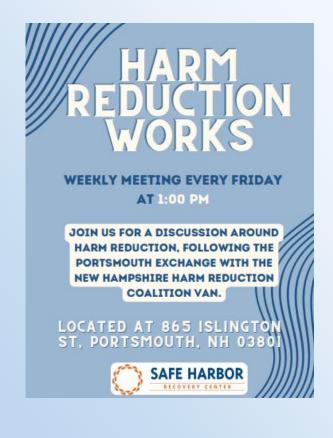
The mission of The Greater Portsmouth Recovery Coalition (GPRC) is to provide a collaborative platform to help the many agencies working on addressing facets of substance use disorder (SUD) recovery. The goal of GPRC is to increase cooperation and coordination, analyze and address service gaps, and improve efficiency. With the support of specialized task forces, GPRC seeks to strengthen, improve, and expand SUD services for the Greater Portsmouth region.

Safe Harbor partners with community organizations like the Greater the Greater Portsmouth Recovery Coalition and the Greater Portsmouth Youth Wellness Coalition to stay up to date on the needs of our community and to help one another as professionals to deliver high quality services to individuals in recovery in the Greater Portsmouth area.











New Partnership!





Job Launch has started collaborating with Senior Partners to help them staff quality workers to provide in-home senior care. This has been an exciting collaboration, as reentering the healthcare workforce can be challenging for those who are in recovery. Congratulations to Terri and Ed for all their hard work on Job Launch!

Facilitator Spotlight

Barbara Sandford-Epps



BB, a vocalist for over 30 years, is lending her expertise to the recovery community by way of vocal music. Her first recovery oriented Choir, called Voices of Hope,

started in Quincy, Massachusetts. SHRC has partnered with BB to build our own Voices of Hope. BB has a deep and personal understanding of how healing music and singing can be for individuals. Her desire is to show people different modalities of healing while uplifting and advocating for the Recovery Community through song. The Voices of Hope Choir is open to all ages and skill levels. They meet every Monday at 4:30p-6:30p.

Programs at Safe Harbor

Job Launch

Supportive employment Contact Terri or Ed

Family Services & Education

Education and support for Caregivers of Children
Contact Jordan

Recovery Coaching

One to one sessions with trained and certified Peer Specialist and/or CRSW
By Appointment, call center

Youth Alternative Peer Group

Peer Mutual Aid & Youth Recovery Services
Contact Mary or Jordan

Volunteer Services

Call, we can find hours for you!

Contact Justin

Staff Directory

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