



SAFE HARBOR

RECOVERY CENTER

Recovery Runs Deep

865 Islington St., Portsmouth NH 03801

(603) 570-9444

“Success is not final, failure is not fatal: it is the courage to continue that counts.”

— Winston S. Churchill

July 2023

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|---|--|
| Please contact Safe Harbor for any barriers to access as Zoom options may be available. | | | | | 1 8:30-12 ART 12-1 NA 2-4 Alternative Peer Group |
| 3 10-11 AA 12-1 Al-Anon | 4 10-11 AA 5:00-6:15 Art 6:30-8 SMART | 5 10-11 AA Families Hoping & Coping will Return 7/19/23 | 6 10-11 AA 5-6:30 SMART | 7 10-11 AA 12-1 All Recovery+ | 8 8:30-12 ART 12-1 NA 2-4 Alternative Peer Group |
| 10 10-11 AA 12-1 Al-Anon | 11 10-11 AA 5:00-6:15 Art 6:30-8 SMART | 12 10-11 AA | 13 10-11 AA 5-6:30 SMART | 14 10-11 AA 12-1 All Recovery+ | 15 8:30-12 ART 12-1 NA 2-4 Alternative Peer Group |
| 17 10-11 AA 12-1 Al-Anon 5-6 Peer Leadership Council | 18 10-11 AA 5:00-6:15 Art 6:30-8 SMART | 19 10-11 AA 7-8:30 Families Hoping & Coping | 20 10-11 AA 5-6:30 SMART | 21 10-11 AA 12-1 All Recovery+ 2-3 Ear Acupuncture | 22 8:30-12 ART 12-1 NA 2-4 Alternative Peer Group |
| 24 10-11 AA 12-1 Al-Anon | 25 10-11 AA 5:00-6:15 Art 6:30-8 SMART | 26 10-11 AA 6:30-7:30 IGB Board Mtg (private) | 27 10-11 AA 5-6:30 SMART | 28 10-11 AA 12-1 All Recovery+ 2-3 Ear Acupuncture | 29 8:30-12 ART 12-1 NA 2-3 Alternative Peer Group |
| 31 10-11 A-A 12-1 Al-Anon | | | | | |

Families Hoping and Coping — Contact Elaine or Tim at 603-315-9177 or 603-703-3948

NEW CENTER HOURS—Starting July 1 and every Saturday, the Center will be staffed and open from 2pm to 5pm for individuals under 21

Alternative Peer Group — **NEW** Facilitated activity group for high school-aged youth—Call/text Jordan to register 603-312-2016. Transportation services may be available. Individuals over age 21 are asked to access the Center during regular business hours, Monday through Friday, 8:30 am to 6pm and Saturdays, 8:30 am to 2 pm.

www.facebook.com/SafeHarborNH

<https://granitepathwaysnh.org/safe-harbor-recovery-center-1/>