



# SAFE HARBOR

RECOVERY CENTER

Recovery Runs Deep

865 Islington St., Portsmouth NH 03801

(603) 570-9444

*"We delight in the beauty of the butterfly, but rarely admit the changes it has gone through to achieve that beauty."*

— Maya Angelou

## June 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Please contact Safe Harbor for any barriers to access as Zoom options may be available.			1 10-11 AA 5-6:30 SMART	2 10-11 AA 12-1 All Recovery+	3 8:30-12 ART 12-1 NA
5 10-11 AA 12-1 Al-Anon	6 10-11 AA 5:00-6:15 Art 6:30-8 SMART	7 10-11 AA 7-8:30 Families Hoping & Coping	8 10-11 AA 5-6:30 SMART	9 10-11 AA 12-1 All Recovery+	10 8:30-12 ART 12-1 NA
12 10-11 AA 12-1 Al-Anon	13 10-11 AA 5:00-6:15 Art 6:30-8 SMART	14 10-11 AA	15 10-11 AA 5-6:30 SMART	16 10-11 AA 12-1 All Recovery+	17 8:30-12 ART 12-1 NA  10-2 PRIDE, Seacoast Outright
19 10-11 AA 12-1 Al-Anon 5-6 Peer Leadership Council	20 10-11 AA 5:00-6:15 Art 6:30-8 SMART	21 10-11 AA 7-8:30 Families Hoping & Coping	22 10-11 AA 5-6:30 SMART	23 10-11 AA 12-1 All Recovery+ 2-3 Ear Acupuncture	24 8:30-12 ART 12-1 NA  2-4 Alternative Peer Group (Ages 14-18)
26 10-11 AA 12-1 Al-Anon	27 10-11 AA 5:00-6:15 Art 6:30-8 SMART	29 10-11 AA 6:30-7:30 IGB Board Mtg (private)	30 10-11 AA 5-6:30 SMART		

**Families Hoping and Coping** — Contact Elaine or Tim at 603-315-9177 or 603-703-3948

**Peer Leadership Council** — Anyone interested learning more about the council should contact Whitney Brown at wbrown@granitepathways.org. This council is instrumental in our sustainability and community engagement.

**New Meetings**—Are you our next volunteer Facilitator? Please contact Whitney for new meetings— (603) 570-9445

**Alternative Peer Group** — **NEW** Facilitated activity group for high school-aged youth—Call/text Jordan to register 603-312-2016. Transportation services may be available.

**[www.facebook.com/SafeHarborNH](https://www.facebook.com/SafeHarborNH)**

**<https://granitepathwaysnh.org/safe-harbor-recovery-center-1/>**