



SAFE HARBOR

RECOVERY CENTER

Recovery Runs Deep

"Our greatest glory is not in never failing, but in rising up every time we fail."

-Oliver Goldsmith

865 Islington St., Portsmouth NH 03801

(603) 570-9444

May 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 10-11 AA 12:15-1:15 Certified Peer Support (private) 7-8:30 Families Hoping & Coping	4 10-11 AA 5-6:30 SMART	5 10-11 AA 12-1 All Recovery+	6 8:30-12 ART 12-1 NA 1-2 Journaling
8 10-11 AA 12-1 Al-Anon 5-6 Peer Leadership Council	9 10-11 AA 5:00-6:15 Art 6:30-8 SMART	10 10-11 AA 12:15-1:15 Certified Peer Support (private)	11 10-11 AA 5-6:30 SMART	12 10-11 AA 12-1 All Recovery+	13 8:30-12 ART 12-1 NA 1-2 Journaling
15 10-11 AA 12-1 Al-Anon	16 10-11 AA 5:00-6:15 Art 6:30-8 SMART	17 10-11 AA 12:15-1:15 Certified Peer Support (private) 7-8:30 Families Hoping & Coping	18 10-11 AA 5-6:30 SMART	19 10-11 AA 12-1 All Recovery+ 3-4 Acuwellness (Ear Acupuncture) 4-6 OPEN HOUSE!	20 8:30-12 ART 12-1 NA 1-2 Journaling
22 10-11 AA 12-1 Al-Anon	23 10-11 AA 5:00-6:15 Art 6:30-8 SMART	24 10-11 AA 12:15-1:15 Certified Peer Support (private)	25 10-11 AA 5-6:30 SMART	26 10-11 AA 12-1 All Recovery+	27 8:30-12 ART 12-1 NA 1-2 Journaling
29 10-11 AA 12-1 Al-Anon	30 10-11 AA 5:00-6:15 Art 6:30-8 SMART	31 10-11 AA 12:15-1:15 Certified Peer Support (private) 6:30-7:30 IGB Board Mtg (private)	Please contact Safe Harbor for any barriers to access as Zoom options may be available.		

Families Hoping and Coping — Contact Elaine or Tim at 603-315-9177 or 603-703-3948

Peer Leadership Council — Anyone interested learning more about the council should contact Whitney Brown at wbrown@granitepathways.org. This council is instrumental in our sustainability and community engagement.

New Meetings—Are you our next volunteer Facilitator? Please contact Whitney for programming ideas— (603) 570-9445

LGBTQ+ Parent Support Group — Has moved to the Community Campus. Contact Christine at christine.s@seacoastoutright.org (This is a Hybrid meeting)

www.facebook.com/SafeHarborNH

<https://granitepathwaysnh.org/safe-harbor-recovery-center-1/>