

# Too many families suffer in silence...



## FAMILY SUPPORT MEETING for RECOVERY

**RECOVERY - IS - POSSIBLE**  
free • structured • peer to peer  
• non-clinical environment •

### Seacoast Family Support Group

Austin17House, Brentwood NH  
1st and 3rd Tuesday of the Month 6:30 pm – 8 pm  
Linda 978-578-5670  
Ann 603-731- 4227

### Farmington Circle of Hope

Meeting Digitally  
1st Wednesday of the month 7-8:30 pm  
Lynn 603-817-6174  
Karen 603-755-1345  
Circleofhope603@yahoo.com  
hopeforfamilies123@gmail.com

### Keene Hope and Help

Keene Serenity Center 34 Mechanic St Keene NH  
Wednesdays at 6:30 pm  
Becky 603-860-0221

### Manchester FASTER

Meeting Digitally  
Tuesdays at 6 pm  
Susan or Patrick 603-668-4859 •back up 603-860-9809

### Nashua F.A.S.T.E.R

First and Third Tuesday of each month  
6pm – 7:30 pm VIA Zoom  
Contacts call or text are Sue 603-351-8356  
or Rose 603-533-8813

### Families Hoping and Coping

1st and 3rd Wednesday of the month  
7-8:30 pm  
Safe Harbor Portsmouth NH  
603-315-9177 OR 603-703-3948

### Rochester Circle of Hope

Rochester SOS 14 Signal St Rochester NH  
(also offered digitally)  
2nd and 4th Tuesday of the Month  
7 pm – 8:30 pm  
Renee and Ralph 603-617-9963

### SMART for Family and Friends

Meeting digitally  
every wednesday from 6pm – 7pm  
navigatingrecovery.org  
Trish Weatherbee  
webehe@metrocast.net

### Grief Group

Meeting digitally  
1st wednesday of each month, from 4-5pm  
navigatingrecovery.org  
Trish Weatherbee  
webehe@metrocast.net



Promoting Prevention and Recovery

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