



**Safe Harbor Recovery Center**  
865 Islington St., Portsmouth NH 03801 603-570-9444

# JULY 2021

COVID protocol is followed at Safe Harbor at this time for all programs until further notice. Thank you for your cooperation.

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
				1 10-11 AA <b>12-1 All Recovery</b> 5-6:30 SMART	2 10-11 AA <b>1-3 PJIR</b>	3  <i>CLOSED FOR HOLIDAY</i>
4	5  <i>CLOSED FOR HOLIDAY</i>	6 10-11 AA 5:15-6:15 Art In Recovery 6:30-8 SMART	7 10-11 AA 1:30-2:30 Recovery Habitudes 7-8:30pm <b>Families Hoping &amp; Coping</b>	8 10-11 AA <b>12-1 All Recovery</b> 5-6:30 SMART	9 10-11 AA <b>7-9pm LGBTQ+ Parent Support Group</b>	10 8:30-10:30 Art In Recovery 11-12 NA 12-1 MARA
11	12 10-11 AA 12-1 Veterans Recovery Support <b>3-4 Dual Recovery Support Group</b> 5:30-6:30 All Recovery	13 10-11 AA 5:15-6:15 Art In Recovery 6:30-8 SMART	14 10-11 AA 1:30-2:30 Recovery Habitudes	15 10-11 AA <b>12-1 All Recovery</b> 5-6:30 SMART	16 10-11 AA	17 8:30-10:30 Art In Recovery 11-12 NA 12-1 MARA
18	19 10-11 AA 12-1 Veterans Recovery Support <b>3-4 Dual Recovery Support Group</b> 5:30-6:30 All Recovery	20 10-11 AA 5:15-6:15 Art In Recovery 6:30-8 SMART	21 10-11 AA 1:30-2:30 Recovery Habitudes 7-8:30pm <b>Families Hoping &amp; Coping</b>	22 10-11 AA <b>12-1 All Recovery</b> 5-6:30 SMART	23 10-11 AA	24 8:30-10:30 Art In Recovery 11-12 NA 12-1 MARA
25	26 10-11 AA 12-1 Veterans Recovery Support <b>3-4 Dual Recovery Support Group</b> 5:30-6:30 All Recovery	27 10-11 AA 5:15-6:15 Art In Recovery 6:30-8 SMART	28 10-11 AA 1:30-2:30 Recovery Habitudes 7-8:30pm <b>Families Hoping &amp; Coping</b> 5:30 pm IGB Board Mtg	29 10-11 AA <b>12-1 All Recovery</b> 5-6:30 SMART	30 10-11 AA  Anniversary BBQ 12pm – 3pm	31 8:30-10:30 Art In Recovery 11-12 NA 12-1 MARA

## Notes

**Families Hoping & Coping** can be reached at 603-315-9177 or 603-703-3948 for more information and held in person here at SH.

**LGBTQ+ Family Support Group** can be reached at [christine.s@seacoastoutright.org](mailto:christine.s@seacoastoutright.org) and is held on **Zoom/Hybrid**

Many of our groups here at Safe Harbor are also available via **hybrid** (both in person & online) – contact the center for the appropriate link & more information at **603-570-9444 or [dward@granitepathways.org](mailto:dward@granitepathways.org)**