



Safe Harbor Recovery Center
 865 Islington St., Portsmouth NH 03801 603-570-9444

JUNE 2021

COVID protocol is followed at Safe Harbor at this time for all programs until further notice. Thank you for your cooperation.

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
		1 10-11 AA 5:15-6:15 Art In Recovery 6:30-8 SMART	2 10-11 AA 11:30-12:30 Recovery Habitudes 7-8:30pm Families Hoping & Coping	3 10-11 AA 12-1 All Recovery 5-6:30 SMART	4 10-11 AA 10-11 AA 1-3 PJIR 7-8pm LGBTQ+ Parent Support Group	5 8:30-10:30 Art In Recovery 11-12 NA 12-1 MARA
6	7 10-11 AA 12-1 Veterans Recovery Support 3-4 Dual Recovery Support Group	8 10-11 AA 5:15-6:15 Art In Recovery 6:30-8 SMART	9 10-11 AA 11:30-12:30 Recovery Habitudes	10 10-11 AA 12-1 All Recovery 5-6:30 SMART	11 10-11 AA 1-3 PJIR	12 8:30-10:30 Art In Recovery 11-12 NA 12-1 MARA
13	14 10-11 AA 12-1 Veterans Recovery Support 3-4 Dual Recovery Support Group 5:30-6:30 All Recovery	15 10-11 AA 5:15-6:15 Art In Recovery 6:30-8 SMART	16 10-11 AA 11:30-12:30 Recovery Habitudes 7-8:30pm Families Hoping & Coping	17 10-11 AA 12-1 All Recovery 5-6:30 SMART	18 10-11 AA 1-3 PJIR	19 8:30-10:30 Art In Recovery & CD Art Project w/Nicole 11-12 NA 12-1 MARA
20	21 10-11 AA 12-1 Veterans Recovery Support 1-3 Open House BBQ 3-4 Dual Recovery Support Group 5:30-6:30 All Recovery	22 10-11 AA 5:15-6:15 Art In Recovery 6:30-8 SMART	23 10-11 AA 11:30-12:30 Recovery Habitudes	24 10-11 AA 12-1 All Recovery 5-6:30 SMART	25 10-11 AA 1-3 PJIR	27 8:30-10:30 Art In Recovery 11-12 NA 12-1 MARA
27	28 10-11 AA 12-1 Veterans Recovery Support 3-4 Dual Recovery Support Group 5:30-6:30 All Recovery	29 10-11 AA 5:15-6:15 Art In Recovery 6:30-8 SMART	30 10-11 AA 11:30-12:30 Recovery Habitudes 5:30 pm IGB Board Mtg			

Notes

Families Hoping & Coping can be reached at 603-315-9177 or 603-703-3948 for more information and held in person here at SH.

LGBTQ+ Family Support Group can be reached at christine.s@seacoastoutright.org and is held on Zoom

Many of our groups are also available via **online** or **hybrid** (both in person & online) – contact the center for the appropriate link & more information at 603-570-9444 or dward@granitepathways.org