



Safe Harbor Recovery Center

865 Islington St., Portsmouth NH 03801 603-570-9444

May 2021

MASKS ARE REQUIRED in Safe Harbor at this time for all programs until further notice. Thank you for your cooperation.

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
						<p>1</p> <p>8:30-10:30 Art In Recovery</p> <p>11-12 NA</p> <p>12-1 MARA</p>
<p>Families Hoping & Coping can be reached at 603-315-9177 or 603-703-3948 and is held on Zoom</p> <p>LGBTQ+ Family Support Group can be reached at christine.s@seacoastoutright.org and is held on Zoom</p> <p>Many of our groups are also available via Zoom or hybrid (both in person & zoom) – contact the center for the appropriate link & more information at 603-570-9444 or dward@granitepathways.org</p>						
2	<p>3</p> <p>10-11 AA</p> <p>12-1 Veterans Recovery Support</p> <p>5:30-6:30 All Recovery</p>	<p>4</p> <p>10-11 AA</p> <p>5:15-6:15 Art In Recovery</p> <p>6:30-8 SMART</p>	<p>5</p> <p>10-11 AA</p> <p>12-1 Women's Lunch Bunch</p> <p>7-8:30pm Families Hoping & Coping</p>	<p>6</p> <p>10-11 AA</p> <p>12-1 All Recovery</p> <p>1-2 Recovery Habitudes</p> <p>2:30 AA Women</p> <p>5-6:30 SMART</p>	<p>7</p> <p>10-11 AA</p> <p>1-3 PJIR</p> <p>3-4 The 3 Principles</p> <p>7pm LGBTQ+ Parent Support Group</p>	8
9	<p>10</p> <p>10-11 AA</p> <p>12-1 Veterans Recovery Support</p> <p>5:30-6:30 All Recovery</p>	<p>11</p> <p>10-11 AA</p> <p>5:15-6:15 Art In Recovery</p> <p>6:30-8 SMART</p>	<p>12</p> <p>10-11 AA</p> <p>5:30 pm IGB Board Mtg</p>	<p>13</p> <p>10-11 AA</p> <p>12-1 All Recovery</p> <p>1-2 Recovery Habitudes</p> <p>2:30 AA Women</p> <p>5-6:30 SMART</p>	<p>14</p> <p>10-11 AA</p> <p>1-3 PJIR</p> <p>3-4 The 3 Principles</p>	<p>15</p> <p>8:30-10:30 Art In Recovery</p> <p>11-12 NA</p> <p>12-1 MARA</p>
16	<p>17</p> <p>10-11 AA</p> <p>12-1 Veterans Recovery Support</p> <p>5:30-6:30 All Recovery</p>	<p>18</p> <p>10-11 AA</p> <p>5:15-6:15 Art In Recovery</p> <p>6:30-8 SMART</p>	<p>19</p> <p>10-11 AA</p> <p>12-1 Women's Lunch Bunch</p> <p>7-8:30pm Families Hoping & Coping</p>	<p>20</p> <p>10-11 AA</p> <p>12-1 All Recovery</p> <p>1-2 Recovery Habitudes</p> <p>2:30 AA Women</p> <p>5-6:30 SMART</p>	<p>21</p> <p>10-11 AA</p> <p>1-3 PJIR</p> <p>3-4 The 3 Principles</p>	<p>22</p> <p>8:30-10:30 Art In Recovery</p> <p>11-12 NA</p> <p>12-1 MARA</p>
23/30	<p>24/31</p> <p>10-11 AA</p> <p>12-1 Veterans Recovery Support</p> <p>5:30-6:30 All Recovery</p>	<p>25</p> <p>10-11 AA</p> <p>5:15-6:15 Art In Recovery</p> <p>6:30-8 SMART</p>	<p>26</p> <p>10-11 AA</p> <p>5:30 pm IGB Board Mtg</p>	<p>27</p> <p>10-11 AA</p> <p>12-1 All Recovery</p> <p>1-2 Recovery Habitudes</p> <p>2:30 AA Women</p> <p>5-6:30 SMART</p>	<p>28</p> <p>10-11 AA</p> <p>1-3 PJIR</p> <p>3-4 The 3 Principles</p>	<p>29</p> <p>8:30-10:30 Art In Recovery</p> <p>11-12 NA</p> <p>12-1 MARA</p>