



SAFE HARBOR

RECOVERY CENTER

Support Runs Deep

Parenting Journey in Recovery

What is Parenting Journey in Recovery?

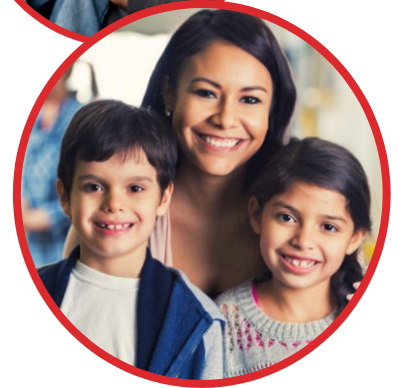
Parenting Journey in Recovery is a 14-session group specifically designed for parents in recovery.

This program helps parents explore past family patterns, begin to heal past wounds, and seize the opportunity to take a new path that strengthens recovery, involves personal responsibility, and take positive actions, while facing the daily challenges of living with addiction.



Parenting Journey in Recovery will help you to:

- ✓ Identify strengths and increase your resiliency.
- ✓ Build greater trust and connections to others.
- ✓ Become more confident in your recovery and more
- ✓ hopeful and optimistic about the future.
- ✓ Understand what it means to be a parent while struggling with challenges of recovery.



** This program is financed under a contract with the State of New Hampshire, Department of Health and Human Services, with funds provided by the Substance Abuse and Mental Health Services Association.*

Follow us on Facebook at www.granitepathwaysnh.org or call us at (603)570-9444 for more information.

YES, I am interested in learning more about Parenting Journey in Recovery. Please contact me using the following information:

Name (First, Last): _____

Phone Number: _____ - _____ - _____ Alternative Phone Number: _____ - _____ - _____

Email: _____