



Safe Harbor Recovery Center
865 Islington St., Portsmouth NH 03801 603-570-9444

April 2021

MASKS ARE REQUIRED in Safe Harbor at this time for all programs until further notice. Thank you for your cooperation.

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
				1 12-1 All Recovery 2:30 AA Women 5-6:30 SMART	2 10-11 AA 1-3 PJIR 3-4 The 3 Principles 7pm LGBTQ+ Parent Support Group	3 8:30-10:30 Art In Recovery 11-12 NA 12-1 MARA
4	5 12-1 Veterans Recovery Support 5:30-6:30 All Recovery	6 10-11 AA 5:15-6:15 Art In Recovery 6:30-8 SMART	7 10-11 AA 12-1 Lunch Bunch 7-8:30pm Families Hoping & Coping	8 12-1 All Recovery 1-2 Recovery Habitudes 2:30 AA Women 5-6:30 SMART	9 10-11 AA 1-3 PJIR 3-4 The 3 Principles	10 8:30-10:30 Art In Recovery 11-12 NA 12-1 MARA
11	12 12-1 Veterans Recovery Support 5:30-6:30 All Recovery	13 5:15-6:15 Art In Recovery 6:30-8 SMART 5-9 FLATBREAD PIZZA FUNDRAISER	14 12-1 Lunch Bunch 6 pm IGB Board Mtg	15 12-1 All Recovery 1-2 Recovery Habitudes 2:30 AA Women 5-6:30 SMART	16 1-3 PJIR 3-4 The 3 Principles	17 8:30-10:30 Art In Recovery 11-12 NA 12-1 MARA
18	19 10-11 AA 12-1 Veterans Recovery Support 5:30-6:30 All Recovery	20 10-11 AA 5:15-6:15 Art In Recovery 6:30-8 SMART	21 10-11 AA 12-1 Lunch Bunch 7-8:30pm Families Hoping & Coping	22 10-11 AA 12-1 All Recovery 1-2 Recovery Habitudes 2:30 AA Women 5-6:30 SMART	23 10-11 AA 1-3 PJIR 3-4 The 3 Principles	24 8:30-10:30 Art In Recovery 11-12 NA 12-1 MARA
25	26 10-11 AA 12-1 Veterans Recovery Support 5:30-6:30 All Recovery	27 10-11 AA 5:15-6:15 Art In Recovery 6:30-8 SMART	28 10-11 AA 12-1 Lunch Bunch	29 10-11 AA 12-1 All Recovery 1-2 Recovery Habitudes 2:30 AA Women 5-6:30 SMART	30 10-11 AA 1-3 PJIR 3-4 The 3 Principles	

Notes

Families Hoping & Coping can be reached at 603-315-9177 or 603-703-3948 and is held on **Zoom**

LGBTQ+ Family Support Group can be reached at christine.s@seacoastoutright.org and is held on **Zoom**

Many of our groups are also available via **Zoom** or **hybrid** (both in person & zoom) – contact the center for the appropriate link & more information at 603-570-9444 or dward@granitepathways.org