



Safe Harbor Recovery Center

865 Islington St., Portsmouth NH 03801 603-570-9444

March 2021

MASKS ARE REQUIRED in Safe Harbor at this time for all programs until further notice. Thank you for your cooperation.

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
	1	2 10-11 AA 5:15-6:15 Art Therapy 6:30-8 SMART	3 10-11 AA 12-1 Lunch Bunch 2-3 Women's Bible Study 7-8:30pm Families Hoping	4 12-1 All Recovery 2:30 AA Women 5-6:30 SMART	5 10-11 AA 3-4 The 3 Principles 7pm LGBTQ+ Parent Support Group	6 8:30-10:30 Art 11-12 NA 12-1 MARA
7	8 12-1 Veterans Recovery 5:30-6:30 All Recovery	9 10-11 AA 5:15-6:15 Art Therapy 6:30-8 SMART	10 10-11 AA 12-1 Lunch Bunch 2-3 Women's Bible Study 6pm IGB Board Mtg	11 12-1 All Recovery 1-2 Recovery Habitues 2:30 AA Women 5-6:30 SMART	12 10-11 AA 3-4 The 3 Principles	13 8:30-10:30 Art 11-12 NA 12-1 MARA
14	15 12-1 Veterans Recovery 5:30-6:30 All Recovery	16 10-11 AA 5:15-6:15 Art Therapy 6:30-8 SMART	17 10-11 AA 12-1 Lunch Bunch 2-3 Women's Bible Study 7-8:30pm Families Hoping & Coping -zoom	18 12-1 All Recovery 1-2 Recovery Habitues 2:30 AA Women 5-6:30 SMART	19 10-11 AA 3-4 The 3 Principles	20 8:30-10:30 Art 11-12 NA 12-1 MARA
21	22 12-1 Veterans Recovery 5:30-6:30 All Recovery	23 10-11 AA 5:15-6:15 Art Therapy 6:30-8 SMART	24 10-11 AA 12-1 Lunch Bunch 2-3 Women's Bible Study	25 12-1 All Recovery 1-2 Recovery Habitues 2:30 AA Women 5-6:30 SMART	26 10-11 AA 3-4 The 3 Principles	27 8:30-10:30 Art 11-12 NA 12-1 MARA
28	29 12-1 Veterans Recovery 5:30-6:30 All Recovery	30 10-11 AA 5:15-6:15 Art Therapy 6:30-8 SMART	31 10-11 AA 12-1 Lunch Bunch 2-3 Women's Bible Study			

Notes

Families Hoping & Coping can be reached at 603-315-9177 or 603-703-3948

LGBTQ+ Family Support Group can be reached at christine.s@seacoastoutright.org

Many of our groups are also available via zoom – contact the center for the appropriate link.