



## Safe Harbor Recovery Center

865 Islington St., Portsmouth NH 03801 603-570-9444

# November 2020

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
1	2 6:30-7:30pm NarAnon	3 10-11 AA 5:15-6:15 Art Therapy 6:30-8 SMART & Friends & Family	4 10-11 AA 12-1 Lunch Bunch 1:30-3 CRSW Supervision 7-8:30pm Families Hoping & Coping	5 12-1 All Recovery 2:30 AA Women (masks req) 5-6:30 SMART	6 10:15-11:15 AA 7PM LGBTQ+ Parent Support Group	7 8:30-10:30 Art 11-12 NA 12-1 MARA 1-2 Writing
8	9 6:30-7:30pm NarAnon	10 10-11 AA 5:15-6:15 Art Therapy 6:30-8 SMART & Friends & Family	11 10-11 AA 12-1 Lunch Bunch	12 12-1 All Recovery 2:30 AA Women (masks req) 5-6:30 SMART	13 10:15-11:15 AA	14 8:30-10:30 Art 11-12 NA 12-1 MARA 1-2 Writing
15	16 6:30-7:30pm NarAnon	17 10-11 AA 5:15-6:15 Art Therapy 6:30-8 SMART & Friends & Family	18 10-11 AA 12-1 Lunch Bunch 1:30-3 CRSW Supervision 7-8:30pm Families Hoping & Coping	19 12-1 All Recovery 2:30 AA Women (masks req) 5-6:30 SMART	20 10:15-11:15 AA	21 8:30-10:30 Art 11-12 NA 12-1 MARA 1-2 Writing
22	23 6:30-7:30pm NarAnon	24 10-11 AA 5:15-6:15 Art Therapy 6:30-8 SMART & Friends & Family	25 10-11 AA 12-1 Lunch Bunch	26 <b>CLOSED FOR THANKSGIVING</b>	27 10:15-11:15 AA	28 8:30-10:30 Art 11-12 NA 12-1 MARA 1-2 Writing
29	30 6:30-7:30pm NarAnon					

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**Notes**

MASKS ARE REQUIRED in Safe Harbor at this time for all programs until further notice. Thank you for your cooperation.