

# Family Support Groups

*Providing support to adult family  
members with a loved one affected  
by Substance Use Disorder*

## ONLINE FAMILY SUPPORT GROUPS

ADULT FAMILY MEMBERS WELCOMED AT ALL GROUPS

USE CONTACT INFORMATION TO RECEIVE INVITE

YOU ARE NOT ALONE

### **Exeter**

*Seacoast Family Support Group*  
Contact: Linda 978-578-5670  
Or Ann 603-731-4227  
2nd & 4th Tuesday 6:30-8pm

### **Farmington**

*Circle of Hope*  
Contact: Lynn 603- 817-6174  
Or Karen 603-755-1345  
circleofhope603@yahoo.com  
1st & 3rd Wednesday 7-8:30pm

### **Keene**

*Hope and Help for Families*  
Contact: Becky 603-860-0221  
All Recovery & Family support group  
Every Wednesday 6:30-8pm

### **Manchester**

*F.A.S.T.E.R. Family Support Group*  
Contact: Susan or Patrick 603-668-4859  
Every Tuesday 6-7:30pm

### **Nashua**

*F.A.S.T.E.R. Family Support Group*  
Contact: Sue 351-8356  
Or Rose 603-882-6995  
1st & 3rd Tuesday 6-7:30pm

### **Portsmouth**

*Families Hoping and Coping*  
Contact: Elaine 603-315-9177  
Or Tim 603-703-3948  
Safe Harbor Recovery Center  
1st & 3rd Wednesday 7-8:30pm

### **Manchester**

*Families Sharing Without Shame*  
Contact: Donna 603-568-0533  
Donna@Donna4support.com  
Farnum Center  
Every Sunday 11am-12:30pm

### **Rochester**

*Circle Of HOPE*  
Contact Renee or Ralph 603-617-9963  
Facebook Page - Circle of Hope  
2nd & 4th Tuesday 7-8:30pm



Contact Lynn Fuller  
for further information  
[hopeforfamilies123@gmail.com](mailto:hopeforfamilies123@gmail.com)  
603-817-6174



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